



Meet your Board for 2026 - 2027

The 30th Annual General Meeting of the Thompson Seniors Community Resource Council was held September 23. Six people were elected to fill out the full Board membership at 11 representatives.

Board members who were still finishing a term and who remain on the Board for one more year are: Molly Stapleton, Linda Biglow, Esther Latchman, Lorna Preston and Norma Howitt.

Re-elected for a two-year term was Linda Horner. Newly elected members include Ruth Guibeault, Rita Werstroh, Fred Chuckrey, Cheryl Harnum and Sachi (Joseph) Perera.

The new Board will meet October 13 to select the executive members. In the photo (from left)



are: Ruth Guibeault, Rita Werstroh, Lorna Preston, Fred Chuckrey, Esther Latchman, Cheryl Harnum, Linda Horner, Molly Stapleton and Sachi (Joseph) Perera.

Honourary Board Member policy announced

Last August, the Board developed a policy to accept Honourary Board Members as part of the Board. The policy intent is to honour long-serving Board members who are no longer running for a Board position.

The policy was accepted into the Constitution at the Annual General Meeting; and was the only constitutional change brought forward.

Thank you to the Thompson Boys and Girls Club, Elders from the Church of Latter Day Saints, Amu Hagos and Joelle Prevost for serving dinner.

Thank you to Ma-Mow-We-Tak Friendship Centre for the 30th anniversary birthday cake, especially Donna Bee who baked it. And to Katie Natchbauer for the setting up and hospitality.

The draw for the 50/50 raffle was made at the meeting. The lucky winner was Marlene Rudolph, outgoing Board member. Thank you to all who helped sell the raffle tickets downtown and on your own.

Seniors tour new airport facility

Dozens of Thompson's seniors visited the new airport facility September 18 at its community reception.

Comments focused on the modern and spacious environment, the quiet room for Elders and young mothers and also the potential for restaurants and other amenities. "It feels like the Toronto airport," one senior was overheard saying. The airport is expected to go into operation in early October.

Pictured (from left to right) are Esther Latchman, Isobella St. Hillaire, Sandy Timmons, Molly Stapleton and Ruth Guibeault.



Things to do in October:

Every Tuesday: Congregate Meals will be at McDonalds; Drop-ins continue at the TRCC at 1:30 p.m.

Long-term members do the honours



Four long-term council members blew out the candles on the anniversary cake at the AGM. Thank you to Ron Trainor, Doreen Prenevost, Marilyn Boyes and Esther Latchman.

Every Wednesday: Free instructor-led Chair Yoga at Rotary Place at 1:15 p.m.

Monday, Wednesday and Friday: NRHA offers free exercise class at the TRCC in the gym.

October 21 at 5:00 p.m.: Potluck dinner in the Chimo Room at the Legion.

Date to be determined: Manitoba's Seniors Advocate will speak on the work being done to support seniors in Manitoba and to remove systemic issues.

Things on the horizon:

GrandPal Program: Beginning in the new year at Juniper School. A great way to interact with elementary-aged school children. We will provide details soon.

Respite services: This program will be expanding in the coming months. Information sessions will be scheduled.



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