



A different kind of conference

What You Need To Know Before You Go

Whether it is wills or wakes, gifts or grieving — there is so much to consider before your time on earth has passed.

Thompson Seniors Community Resource Council, Northern Regional Health Authority, Manitoba Metis Federation and others are joining resources to bring a special two-day conference to Thompson to educate the public about matters related to death and dying.

Lawyers, financial advisors, funeral directors, social workers, support workers and others will present information on as many topics as we can fit into two days. We will even discuss Medical Assistance in Dying, financial as-

sistance, Death Doulas and other topics both expected and unexpected.

The conference is open to people of all ages. It takes place Tuesday, January 27 and Wednesday, January 28 at Ma-Mow-We-Tak and runs from 9:00 a.m. to 4:00 p.m. each of the two days. Snacks and lunch are provided.

You need to register so we can ensure sufficient food is available. We may have to cap the number of at-

tendees. Register by emailing thompsonseniors55@gmail.com or phoning 204-677-0987. Leave your name, contact information and names of people you are bringing.

You do not have to be a senior to attend! Register to ensure you are included in the snacks and lunch.

Congratulations to our Rafflebox 50/50 prize winner

Congratulations to Susan Harrison, winner of our December 16 Rafflebox 50/50 draw. The prize was \$2,055.

Thank you to everyone who participated in the draw. The proceeds that go to the Thompson Seniors Community Resource Council will assist the food security program and other programs that are running or are planned.

We understand that many Seniors and Elders are not comfortable with online raffles, and so we applaud those who took the plunge and participated. We will keep you posted on future raffles and programs.

You could qualify for these tax credits

If you are 65 and older, your net income is less than \$102,925, and you are up-to-date with your tax returns, you could qualify for the following: Canada caregiver credit, disability tax credit, medical expenses credit, home accessibility expenses credit, and / or multigenerational home renovation tax credit.

Provincial Support Services to Seniors Network education session: Tuesday, January 13 from 1:30 to 2:30 p.m. Learn about the 211 MB service and how to use it. Join by phone 1-204-815-1742. Use code 159620493#.

Christmas dinner 2025

Festivities included entertainment, good food and a visit from Santa Claus!

About 120 Seniors and Elders enjoyed the annual Christmas dinner on December 15. Food was catered by Ma-Mow-We-Tak, dessert provided by Mayor and Council, entertainment was provided by Smitty, and Santa was provided by — well, Santa!

Special thanks this year go to Colin Jacques who arranged a generous donation of \$1,500 from Trauma Flight (Custom Helicopters and Keetwatin Medical) that helped offset the cost of the meal. And also to Mayor Smook, Deputy Mayor Fitzpatrick, Councillors McIvor, Choong,

Oberdorfer and Wong, Colin Jacques, Leigha Mellish and two elders from the Church of Jesus Christ who provided table service to everyone.



Activities and opportunities

Congregate meals will be at The Northern for the month of January 2026. Meals are Tuesdays from 11:30 a.m. to 1:00 p.m.

Seniors Drop-ins at the TRCC on Tuesday afternoons from 1:30 to 3:30 p.m.

Chair Yoga at Rotary Place on Wednesday afternoons at 1:15 p.m. The first session of 2026 will be January 7.

Free snow removal: Fill out an application at City Hall.

Victoria Lifeline medical alert service: Call 1-888-722-5222.

Manitoba Winter Games needs volunteers March 1 to 7. Call 204-679-0911.



Thompson Seniors Community Resource Council
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Office hours 10:00 a.m. to 4:00 p.m.

204-677-0987 • thompsonsensors55@gmail.com •

www.thompsonsensors.ca • Check us out on Facebook.