



### **World Elder Abuse Awareness Day**

# **Educate yourself on dementia, elder abuse and the latest scams**

Nicole MacDonald from the Alzheimer's Society of Manitoba will be the keynote speaker at the World Elder Abuse Awareness Day event on Friday, June 13. She will cover several aspects of dementia, as people with dementia are more susceptible to elder abuse.

Other featured speakers include Elder Jack Robinson of the Ma-Mow-We-Tak Friendship Centre and Special Constable Rob Cleveland of the RCMP. MLA Eric Redhead will also present

on provincial service delivery for seniors.

Refreshments, door prizes and a 50/50 draw will be included on the schedule.

Although this is a free event, registration is preferred so we have enough refreshments for all. We will endeavour to provide transportation for those in need. Register at 204-677-0987 or [thompsonsensors55@gmail.com](mailto:thompsonsensors55@gmail.com).

**Friday, June 13  
St. Joseph's Hall  
1 to 4 p.m.**

## ***Come to the Fathers Day potluck picnic***

We are celebrating Fathers Day with a potluck picnic at McCreedy Campground on Saturday, June 14. We will have a barbeque available, in case someone brings wieners. But we will also have tables lined up for your special picnic surprise. And there will be games and prizes.

This is a 'BYOC' event. That means Bring Your Own Chair. (And, of course, your potluck

specialty.) We supply water, plates, cutlery napkins, etc. and the venue is courtesy of Mayor Smook.

Please let us know if you'll be coming to ensure we bring enough supplies. Call 204-677-0959 or [thompsonsensors2@gmail.com](mailto:thompsonsensors2@gmail.com).

**Saturday, June 14  
McCreedy Campground  
1 to 4 p.m.**

### **Good news for chair yoga enthusiasts!**

**The program will continue for free until the end of June. The group meets  
at Futures on Commercial Place every Wednesday at 1:00 p.m.**

**No age limit!**

# 130 garden boxes have been gifted to date

Thanks to a host of people and organizations, Thompson Seniors Community Resource Council has been able to donate 130 raised bed garden boxes to seniors since 2023. This year, 20 were distributed to seniors in Thompson, 10 to Nelson House and 10 to Wabowden.

The donation is made possible due to the Northern Manitoba Food, Culture and Community Collaborative. The funding allowed for the garden boxes, and will also support the yard works for seniors during July and August.

Skills Shop North coordinated the construction of the garden boxes, purchased from Thompson Home Building Supplies, with youth from École Communautaire La Voie du Nord and 737 Royal Canadian Air Cadets Squadron. Staff from MDS



AeroTest (GLACIER) delivered the garden boxes to the 20 seniors in Thompson.

Terry Linklater of Nelson House is coordinating the Elder/Youth raised bed gardening program in Nelson House; Carol Sanoffsky is doing a similar program in Wabowden.

## You can help!

### Manitoba Games 2026

If you can make sandwiches, check ID badges, or sell 50/50 tickets, you can help make Manitoba Games 2026 a success. Thompson is hosting the event March 1 to 7, 2026 and they are lining up volunteers now.

Contact Bryan Mintenko at 204-250-2166 or email [manitobagames2026@gmail.com](mailto:manitobagames2026@gmail.com).

### Moms Stop the Harm Phone Line

A volunteer national telephone support program is starting for parents of children with addictions. Training is provided online only. To learn more email [Antoinette.stca@momsstoptheharm.com](mailto:Antoinette.stca@momsstoptheharm.com).

## Sign up or register

### Summer yard help is back!

Need help with lawn care, fence painting, exterior or window washing (for free)? Register with us now and we will add you to the schedule. Contact information is at bottom of page.

### Men's Sheds Manitoba

Men's Sheds is an initiative for those 55+ who need to tinker, build, create or grow. A telephone education session is scheduled for Wednesday, June 25 at 1:30. Dial in by phone at +1 204-813-0789. ID access code is 108932017. Or use the meeting ID number 2361388539920.

**Congregate Meals:** Every Tuesday at 11:30 a.m. at McDonalds in June, followed by drop-ins at TRCC at 1:30.



Thompson Seniors Community Resource Council, Inc.  
4 Nelson Road, Thompson, MB R8N 0B4  
Office hours 10:00 a.m. to 4:00 p.m.  
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