



Thompson Seniors
COMMUNITY RESOURCE COUNCIL

March 2025

A new spin on seniors, curling and St. Patrick's Day

Pushing Your Luck

Come to a fun and entertaining event on St. Patrick's Day, Monday, March 17, at the Burntwood Curling Club from 1:30 to 3:30 p.m.

You can get on the ice (volunteer support people will be on hand) and try pushing or throwing a rock to see if you can hit the pot of gold.

You can try some of the crazy and fun games off the ice; win some prizes; or, if you wear the most green, be named King or Queen of the Green!

And don't forget refreshments! Swells Eats will provide refreshments just for you. There is a small fee of \$10 to cover costs. We ask that you call 204-677-0959 to confirm your attendance (so we have enough refreshments and prizes).



Free income tax clinic for Seniors/Elders

Thank you to a group of volunteers and the Community Volunteer Income Tax Program (part of Revenue Canada) we are able to offer tax filing at no charge for Seniors and Elders.

The free income tax clinic will be held Monday, March 31 and Tuesday, April 1 at Ma-Mow-We-

Tak Friendship Centre multi-purpose room from 10:00 a.m. to 4:00 p.m.

We prefer that you schedule a time, however, walk-ins will be accommodated to the best of our ability. Call 204-677-0987 to schedule a time or for more information.

Thank you to our volunteers and participants for making Winterfest 2025 fun for all! Our cribbage tournament winners were: A Side — Brent Badiuk and B Side — Ron Trainor. Our Chili Cook-Off Champion was Hayven Monias of Swells Eats. See photos overleaf.

Highlight photos from Winterfest 2025



Top row from left: Hayven Monias of Swells Eats won the Chili Cook-Off; Molly Stapleton presents Brent Badiuk (far right) with his crib tournament A Side winnings, while last year's A side winner Solomon Parenteau and this year's B Side winner Ron Trainor look on; more than 200 samples of chili from three competitors were dished out; Rudy the Raven helps count points. Bottom row from left: Linda Biglow explains how the voting works; next three photos: expressions of some of the taste testers; far right: full house of cribbage players.

What is a 'brushing' scam?

A "brushing" scam occurs when you receive a package which you have not ordered. It can appear to come from a familiar company and can include anything from jewelry to electronics. The gift will have your address, but not include the sender's information. When you open the package you will see a QR code to scan and supposedly find out who sent the gift.

Once the code is scanned, all the information from your phone will be sent to scammers. They receive 100% access to your phone. Your bank accounts will likely be drained.

The gift can be kept or thrown away, but the QR code should **NOT** be scanned for any reason.

In Brief

- ◆ Congregate meals in March will be at the Burntwood Restaurant. Price is still \$10. Drop-ins continue at the TRCC on Tuesdays and Legion on Fridays from 1:30 to 3:30 p.m.
- ◆ Congregate meals will be at A & W in April. Same time, same price.
- ◆ Walkers, wheelchairs, bathroom mobility assists are available for loan.
- ◆ There is a limited supply of hearing aid batteries and personal disposable under attire for give away
- ◆ Smile Cookie campaign will return at the end of April.
- ◆ Trade Show is May 2 and 3.



Thompson Seniors Community Resource Council, Inc.
 4 Nelson Road, Thompson, MB R8N 0B4
 Office hours 10:00 a.m. to 4:00 p.m.
 204-677-0987 • thompsonseniors55@gmail.com •
 www.thompsonseniors.ca • Check us out on Face-