



## May will be a busy time

# **We will reintroduce the rotary dial phone, offer pickleball and the '3T' garage sale**

Once again, we will attend the annual **CHTM Trade Show**. And we will have a few surprises

for the younger set — like a try on a rotary dial phone.

They can guess the purpose of other items that date back 60 or more years.

You are welcome to give hints (if you know or remember).



In addition to the 'guess the item' fun, we will have *Supporting Seniors* umbrellas and t-shirts, as well as cookbooks and jewelry for sale. We will raffle a handmade quilt donated by Rose Ross. And we will have information on summer/fall programming.

## **Pickleball continues in May**

Due to the interest shown at Winterfest, we booked the gym at the TRCC so people can learn **pickleball**. We are grateful to Brad Williams, physical education teacher at Juniper School for getting us started that weekend. And now Naveed Butt is continuing what Brad started.

Thanks to a grant from the Thompson Neighbourhood Renewal Corporation, we can provide pickleball to the public for free. The gym is

booked May 5 and 12 from 3:00 to 5:00 p.m. (May 19 and 26 are unavailable due to other events.) All equipment is provided. And there is no fee. You do not have to register, just drop by! We will be looking to expand the program based on interest. Stay tuned.

## **Fund and fun raising for all**

We will be holding a **'3T' garage sale** during the May long weekend. This will be a fund raiser for the TSCRC but also an opportunity for members of the community to book space and clear out some of their own items.

We will have a section for 'junk in the truck' sales, as well as a section for people to set up tables. We are calling it the '3T' Garage Sale and it will be held on the grounds of the Burntwood Baptist Church. Why '3T' you ask? Be sure to participate as a seller or shopper to find out!

We are hosting a **'Paint Party'** on Saturday, May 13 from 1 to 4 p.m. as part of the Mothers Day weekend. There will be a fee of \$35 to cover the cost of supplies and instructor. But bring a tea cup! We will fill it for free! Phone 204-677-0987 to register.

**Suggestion: A *Supporting Seniors* umbrella may be a real nice Mothers Day gift! Just \$25 and available at the Trade Show.**

# Stay tuned for June!

## **Raised garden beds**

We are providing raised bed garden boxes to Seniors/Elders. There are still a few available. Call the office to reserve yours. These will be delivered to seniors, along with the soil and seeds to get you started. We are working on providing help with the raised bed gardens (and other yard work) and educational workshops. This program is the result of the input of several individuals and organizations. Stay tuned to learn more.

## **World Elder Abuse Awareness Day (WEAD)**

We are partnering with the R. D. Parker Drama Department to bring a different perspective to WEAD. The students will write and perform skits

which they will perform to students in grades 4 to 6, as well as to Seniors/Elders at our WEAD event on June 15. Stay tuned.

## **Nickel Days Child-Find and Parade**

We will again offer our services at the Child Find booth at Nickel Days. If you are interested in taking a shift, please call the office at the number at the bottom of the page.

We plan to have a presence in the Nickel Days Parade.

Also in June, we are working on an initiative for Fathers Day.

### **In Brief:**

- The TSCRC Board is working on a **strategic plan**. Details will be released in coming weeks.
- Thank you to the **Troy Anand Fund** for its generous donation in March.
- **Seniors Drop-ins** are still Tuesdays from 1:30 to 3:30 p.m. and will include a birthday cake once a month!
- **Filling up at a local Co-op?** Use our number — **13971**.
- **To borrow or keep.** Wheelchairs, walkers and bathroom assists you can borrow. Personal protective paper products and hearing aid batteries to keep. Not to mention COVID test kits!

## **Free computer courses — no computer needed!**

**Tech Manitoba** is offering basic computer courses to seniors. The courses are eight to nine hours long, but the classes can be divided into short sessions over a matter of days or weeks. And it's **free!**

Available courses include: Introduction to computers, iPad, digital pictures, email, social media and privacy.

Courses in development include cybersecurity for seniors, online grocery shopping, banking, etc., and accessing MB Telehealth.

If you are interested in any of these classes, leave your name and phone number at 204-677-0987, and we will coordinate the first sessions with Tech Manitoba.



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