



**Thompson Seniors**  
COMMUNITY RESOURCE COUNCIL

April 2023

## ***Ministers of Seniors & Long-Term Care and Health met with ad hoc committee***

Scott Johnston, Minister of Seniors & Long-Term Care and Audrey Gordon, Minister of Health met with Thompson Seniors and Elders in Winnipeg March 7 to discuss preventative foot care.

Representing Thompson were Acting Chairperson of the TSCRC Molly Stapleton, Chairperson of the ad hoc committee Barb Henderson, members at large Cheryl Turriff, Lydia Penner and Elder Jack Robinson, and Coordinator Penny Byer.

The Thompson contingent reiterated the need for preventive medical foot care, citing research done in 2022. Lydia Penner and Elder Robinson spoke about their experiences. In addition, a video interview with Cliff Duchesne was shown. Cliff supported the advocacy with a letter in 2022. Shortly before his passing, he agreed to be videotaped to talk about his experiences since the letter was written.

The meeting was arranged by MLA Eric Redhead and made possible through donations from the Troy Anand Fund, Marlene Rudolphe, Ridgestone Financial, K.B Insurance. We are grateful for these donations.

Although the Ministers made no commitments, Minister Johnston asked several questions and said he would be looking into the matter further.



*From left: MLA Eric Redhead, Coordinator Penny Byer, MLA Ian Wishart, Acting Chairperson Molly Stapleton, Minister of Seniors and Long-Term Care Scott Johnston, advocate Lydia Penner, advocate Cheryl Turriff, advocate Elder Jack Robinson and Chairperson of the ad hoc committee Barb Henderson.*

***Congregate meals will be held at the Northern Inn during April. Remember, there is to be no ordering off the menu at congregate meals.***

***Call 204-307-5444 to reserve your seat.***

# We've had some fun in February

Seniors Drop-ins have added a new element — birthday cake once a month to celebrate seniors who have a birthday that month. If you haven't tried out a Seniors Drop-in before, be sure to try during your birth month! Seniors Drop-ins are every Tuesday at the TNRC from 1:30 to 3:30 p.m.

We also had a larger-than-expected turnout for our cribbage tournament at Winterfest. Cash prizes were a percentage of the entry fee. Almost everyone asked for more tournaments, so stay tuned!

Another reason to stay tuned is pickleball. Those who tried it at Winterfest really enjoyed it. We have applied for a grant to allow us to rent the gymnasium at the TRCC on a regular basis. We will let you know when that happens very soon.



January birthdays (left); February birthdays (right).



Cribbage tournament A side winner Margaret Cockle (left); B side winner Jim Hinds (right). Acting Chairperson Molly Stapleton making the presentation.

## Reserve your very own raised bed garden box

Thanks to a grant from Northern Manitoba Food Culture and Community Collaborative, we will be able to provide raised bed garden boxes for Seniors and Elders.

They will come with soil, seeds and people to help get you started and even maintain the gardens throughout the summer, if you require! To reserve your own, call our office and leave your name, address and phone number.

Other recent grants include IA Financials' major contribution to our hamper program and Thompson Neighbourhood Renewal Corporation's grant to our bike/pickleball/World Elder Abuse Awareness Day initiatives.

**Congratulations to Troy Martin, winner of our St. Patrick's Day 50/50 draw. The prize was \$3,000. Thank you to Giant Tiger, Family Foods and Safeway for letting us sell tickets; but especially thank you to the volunteers who sold tickets!**

### In Brief:

- **Filling up at a local Co-op?** Use our number — **13971**.
- **To borrow or keep.** Wheelchairs, walkers and bathroom assists you can borrow. Personal protective paper products and hearing aid batteries to keep.



Thompson Seniors Community Resource Council, Inc.  
4 Nelson Road, Thompson, MB R8N 0B4  
Office hours 10:00 a.m. to 4:00 p.m.  
204-677-0987 • thompsonseniors55@gmail.com •  
www.thompsonseniors.ca • Check us out on Facebook.