



Flower making and fund raising

November activities will be marked by a new craft, fund raising events, our regular activities and our annual Christmas concert!

Each Tuesday in November seniors meet at the Burntwood Hotel at 11:30 a.m. for the **weekly congregate meal**. Cost is just \$10 for seniors. If you are not a 'regular' and would like to come, give us a call to add your name to the list.

Following the congregate meal, **socialize at the TRCC** over a card game, puzzle or whatever else you choose.

Wednesdays at 1:15 p.m. enjoy a stretch and exercise during **free Chair Yoga** at Rotary Place. This is facilitated by Linda Toews.

On **Thursday, November 6 at 2:00 p.m.** **learn a new craft: turn pipe cleaners into poinsettias!** There will be a \$10 fee to cover the cost of supplies and registration is required (contact information next column).

On **Tuesday, November 11, we will be**

laying a wreath at the Remembrance Day service. Join us as we pay tribute to and remember those who sacrificed and still sacrifice their lives for our safety.

On Saturday, November 22, visit (or volunteer at) our table at the **Juniper School craft sale**. We will feature our pocket blanket fund raiser, our 50/50 draw tickets and three very special framed pictures up for silent auction.



On Sunday, November 30, at 1:30 p.m. at the Letkemann Theatre we will bring you the **annual Christmas Concert fund raiser**. En-

joy talent of all ages and many cultures. There will be singing, dancing, reciting and maybe a few surprises. We will have a 50/50, snacks and raffle table with some lovely prizes.

For more information or to register for any of these events, call **204-677-0987** or email **thompsonsensiors55@gmail.com**. Please do not use social to register.



Your 2025—2026 Board of Directors, back row from left: Ed McTavish (Treasurer), Joyce Kopp, Lorna Preston, Marlene Rudolph, Ron Trainor. Front row from left: Linda Horner (Secretary), Linda Biglow (Vice-Chairperson), Molly Stapleton (Chairperson), Esther Latchman. Missing from the photo: Norma Howitt.

Manitoba Winter Games needs Seniors!

Hundreds of youth will be visiting Thompson March 1 to 7, 2026 to compete in a number of outdoor and indoor sports. They will be staying in 'Villages' at two of our schools.

The organizers are looking for seniors, kookums, babas, however you present yourself, to watch over things.

The expectations are that you can help a homesick athlete, show people where their

rooms are, interact with visitors, keep an eye on the doors and help out in an emergency. The shifts are flexible. You can work one shift or as many as you like. The work is not hard and it is rewarding.

If you would like to volunteer, contact us and we will forward a list to the Village Coordinator.

Can you guarantee you won't slip and fall?

Victoria Lifeline offers dependable personal help buttons that work in your home or out-of-doors. They have a wide variety of options. Call them toll free at 1-888-722-5222 for more information.

Bits and pieces of information

The Legion Ladies Auxiliary annual Remembrance Day Tea is on Saturday, November 15.

Ma-Mow-We-Tak Friendship Centre holds its annual craft sale on Saturday, November 29.

NRHA offers seniors exercise classes most Mondays, Wednesdays and Fridays at the TRCC from 1:00 to 2:00 p.m.

**Draw date is December 16 —
get your ticket now!**

**Don't know how to use a QR
code? We can help.**

Thompson Seniors
COMMUNITY RESOURCE COUNCIL

Draw date
December 16, 2025 •
prize is 50% of total
sales • must be 18 and
over to purchase • must
be resident of Manitoba.

**50/50
FUNDRAISER**

Ticket prices:
1 for \$10
3 for \$20
10 for \$50
25 for \$100

<https://www.rafflebox.ca/raffle/tsrc>

License # LGCA 3028-RF-48629

FREE SNOW REMOVAL

Did you know the City of Thompson will clean the driveways of seniors for free? You can obtain an application form from City Hall.

SPEAKING OF SNOW

Are you ready for winter driving?

Make sure you have your winter tires installed and they are filled to the recommended air pressure. Fill your windshield washer with fluid good to minus 40. Check that your radiator is at the proper rating for antifreeze and that your power steering and brake fluids are up. And have your battery checked to ensure it's operating at capacity.



Thompson Seniors Community Resource Council, Inc.

4 Nelson Road, Thompson, MB R8N 0B4

Office hours 10:00 a.m. to 4:00 p.m.

204-677-0987 • thompsonsensors55@gmail.com •

www.thompsonsensors.ca • Check us out on Facebook.