

Putting with the Seniors was fun — now for a bus ride to Paint Lake!

Three people putted a hole-in-one at our first Putt with the Seniors day. Congratulations to Lloyd Penner, Jack Lucas and Melissa Grieves! And thank you to Sharon Irvine and the Thompson Golf Club for letting us use the premises!



Our next event is the annual bus ride to Paint Lake with goodies at the Paint Lake Marina. That will be Wednesday, August 28 in the afternoon. There will be a \$10 charge; registration is required. Contact the office to register.



Unique entries highlight Bring Your Bloomers event



There were 14 beautiful and unusual entries in this year's Canada Day Bring Your Bloomers event. Thank you to those who entered and to those who

helped set up and kept the event running smoothly.

Thank you also to our prize sponsors: Anything Grows, I-Scream Shack, Little Shop of Resin, Dairy Queen, and Great Canadian Dollar Store.

Free yard work for Seniors/Elders

Lawn cutting, exterior window washing, fence painting and more continue for free for the month of August.

To book our summer students, call the office
204-677-0987.



You may be eligible for a 'security rebate'

The Province of Manitoba is offering a \$300 rebate for homeowners and renters who purchase security equipment.

Eligible security improvements range from security cameras to permanent security fencing and other hardware items. Upgrades or replacements must be with new equipment, not used.

If you are a homeowner, you must provide proof of ownership (e.g. tax bill); if you are a renter,

you must provide a copy of your tenancy agreement.

You can only apply for the rebate online. Go to <https://forms.gov.mb.ca/security-rebate-program/>.

Other considerations for security

You may want to consider these security actions if you plan on being away for awhile:

- ◆ Have someone maintain your home (take in the mail, cut the grass, etc.) so it appears someone is home.
- ◆ Use timers for lights to make it appear someone is home.
- ◆ Do not announce your travel plans on social media!

Welcome Jolene Bittern

Jolene is our Coordinator 2 and will be assisting programming, advocacy and educational events. We are glad to have her on board.



Things to do in August & September

Congregate meals: Tuesdays at 11:30 a.m. at McDonald's during August.

Senior Drop-ins: Tuesdays at 1:30 p.m. at the TRCC.

Free 'bike rides': For Seniors/Elders and those with mobility challenges from the TRCC on Tuesday afternoons. Phone for other bookings.

Bus ride to Paint Lake: Wednesday, August 28 (see front page).

iPad training & Trivia games: Thursdays at Futures (125 Commercial Place) from 1:30 p.m. to 3:30 p.m.

Save the date: Our AGM is Thursday, September 19. This year's AGM will include a dinner with speakers.

For loan or give-away: We have hearing aid batteries, disposable personal protective undergarments to give away; and we have bathroom assists, wheelchairs, canes and walkers to loan. Contact us for details.



Thompson Seniors Community Resource Council, Inc.
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Office hours 10:00 a.m. to 4:00 p.m.

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